

Poland

Prostate Cancer Screening Facts

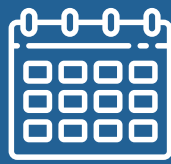


Life expectancy



75.37
years¹

Incidence



23,710
annually²

Prostate Cancer*



24.5%²

*Share of new cancer diagnoses that are prostate cancer

Health Care System

The Polish health system is public. Citizens are granted equal access to the publicly funded healthcare system. There is a large and growing private sector which also cares for prostate cancer diagnostics and treatment.³

Reimbursement PSA



Yes

Main Testing Location



GP/Private
clinic/
Urologist

National Cancer Plan



Yes

What's happening in practice?

Screening is opportunistic. Urologists usually see patients that are transferred from GPs for a PSA test and DRE.⁴

The "Moje Zdrowie" (My Health) programme allows 50+ men to test their PSA every 3 years. Results are interpreted by GPs and are not reported centrally. There are no single guidelines.

In Poland, the PRAISE-U project is conducted by the Lower Silesian Centre for Oncology, Pulmonology and Haematology in Wroclaw (DCOPiH) in cooperation with the National Institute of Public Health – National Research Institute (NIZP-PZH).

National Clinical Guidelines

Government

No screening for prostate cancer is recommended, because the suspicion or detection of prostate cancer results in specific actions that do not always bring measurable benefits to the patient. However, the Ministry of Health states that they encourage patients to undergo tests with a urologist, as early detection can offer a chance for a permanent cure.

Urologist

National guidelines try to follow the EAU guidelines. Men over the age of 50 should have a transrectal examination and PSA levels assessed. Population-based studies have shown that screening is not advisable in people over the age of 70 who do not have symptoms associated with prostate enlargement.⁵

GP

If there is no family burden, a PSA test is performed for the first time after the age of 50. Otherwise, they should start testing earlier. A PSA test <4 ng/ml is considered normal.

More information
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uroweb.org/praise-u



Co-funded by
the European Union

References
[1] Polish Statistics Office
[2] Polish National Cancer Registry
[3] European Observatory;
[4] EAU national society meeting and SR.;
[5] ONCONET 2020

The PRAISE-U project is piloting risk-based prostate cancer screening programmes across different pilot sites in Europe. The pilots are designed to test how organised screening could work in different healthcare systems and populations.

PILOT OVERVIEW



Lower Silesia



Age 50 - 69



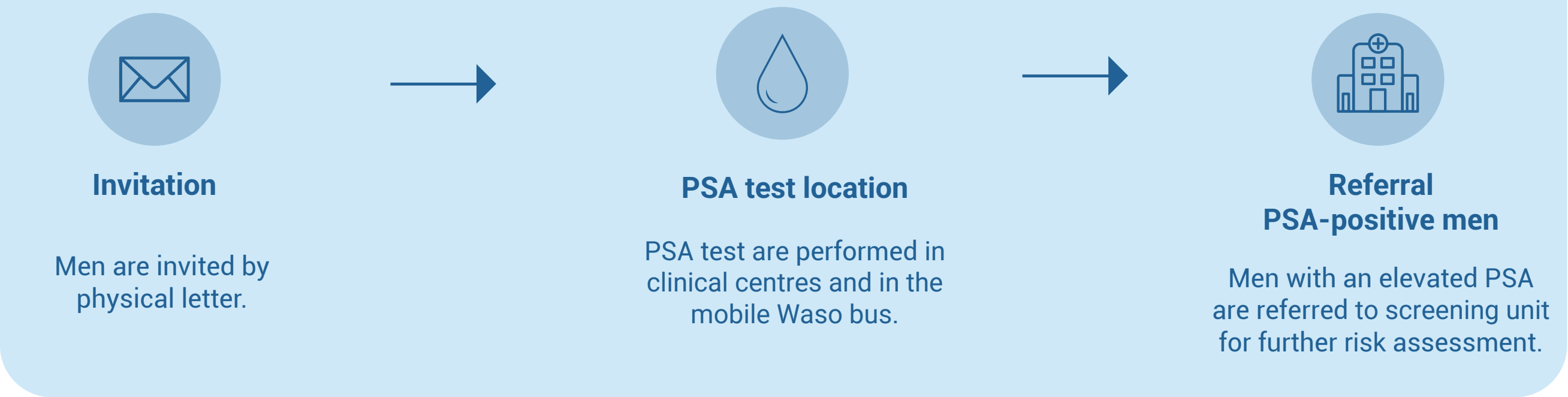
3,494 men participated



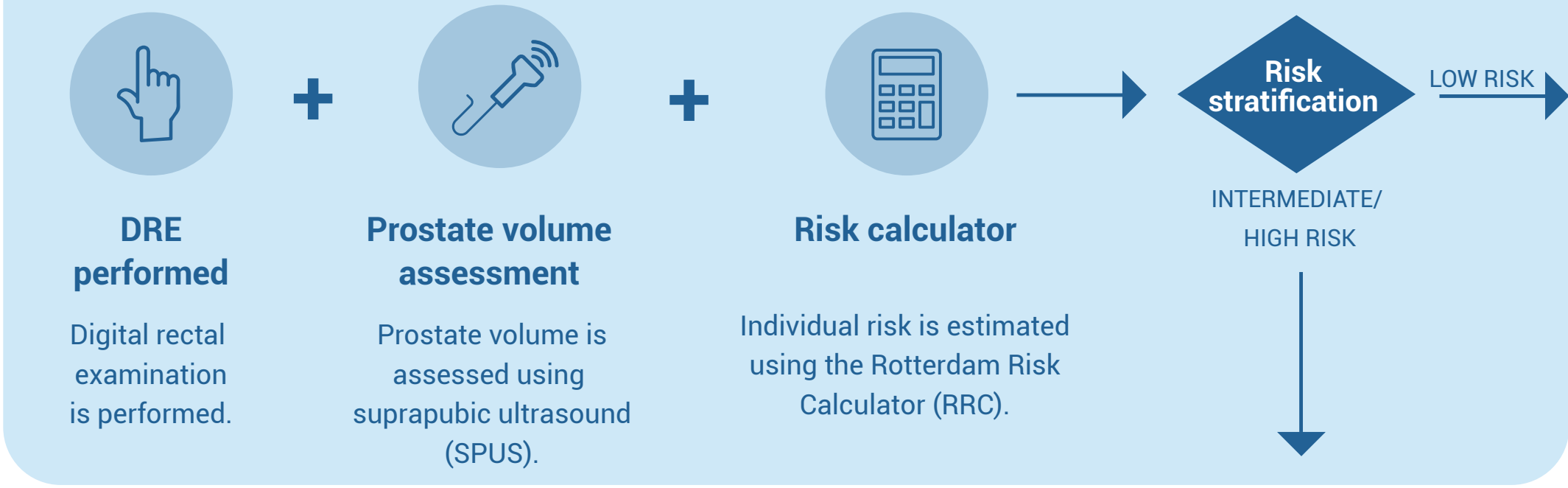
Dolnośląskie Centrum Onkologii, Pulmonologii i Hematologii (DCOPiH)

HOW THE POLISH PILOT PATHWAY WORKS

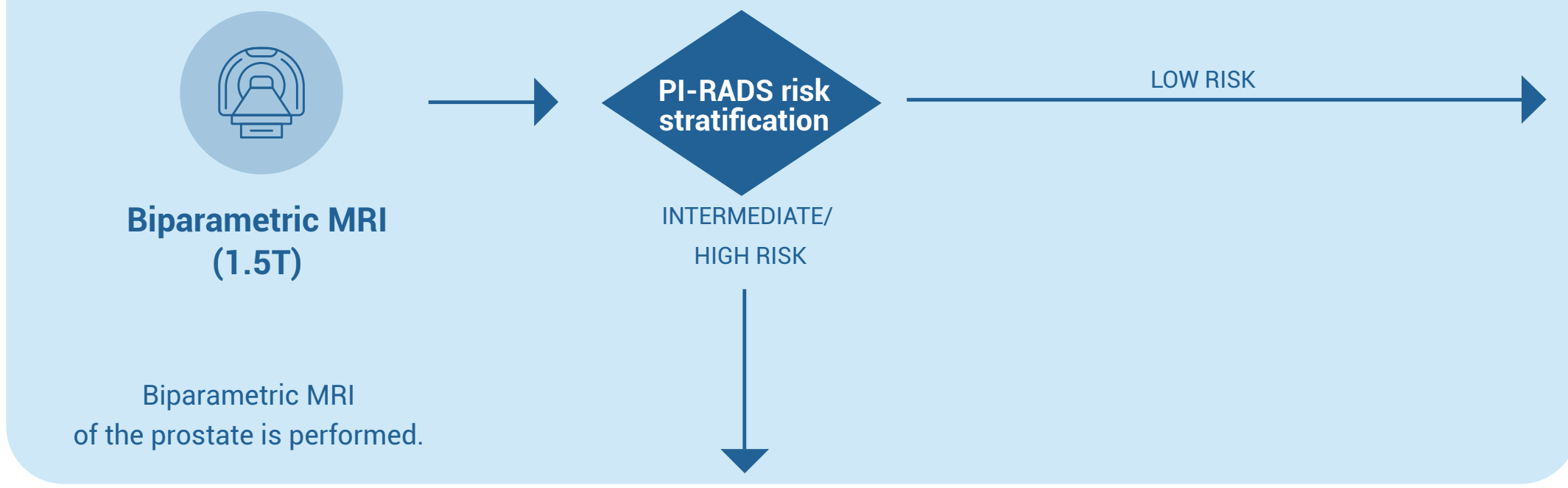
1 INVITATION & PSA TESTING



2 RISK ASSESSMENT



3 MRI AND SECOND RISK STRATIFICATION



4 BIOPSY AND DIAGNOSIS

