



# Intravesical therapy for NMIBC

9th Course of the European School of Urology Nursing

12-13 June 2026, Gdansk, Poland

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# Preliminary Scientific Programme

## **Aims:**

To enhance nurses' knowledge, confidence, and practical competence in the delivery of intravesical therapy for patients with non-muscle-invasive bladder cancer (NMIBC). The course aims to standardise practice across Europe, strengthen patient safety, and empower participants to become local trainers and advocates for evidence-based NMIBC care within their institutions.

## **Objectives:**

At the end of the course, participants will be able to:

- Explain the principles and rationale of intravesical therapy in the management of non-muscle-invasive bladder cancer (NMIBC)
- Differentiate between types of intravesical agents (e.g. BCG, chemotherapy, hyaluronic acid) and their mechanisms of action.
- Demonstrate safe preparation, administration, and handling procedures for intravesical treatments in clinical practice.
- Identify contraindications, side-effects, and appropriate nursing interventions for managing adverse events.
- Apply evidence-based guidelines and standard operating procedures to ensure consistency and patient safety.
- Evaluate strategies for patient assessment through effective communication and education to enhance patient adherence to treatment.
- Develop the confidence and competence to train colleagues locally, supporting a sustainable "Train-the-Trainer" model for NMIBC care.

## **Target group:**

Experienced or specialised nurses involved in the care of bladder cancer patients in clinical, outpatient, or community settings. Participants should be motivated to act as local ambassadors for NMIBC best practice and be able to disseminate the knowledge and skills gained during the course to colleagues in their own organisations or regions.

# Friday, 12 June

**Room:** t.b.c.

**12.00 – 13.00** **Registration**  
**12.30 – 13.00** **Lunch**

**13.00 – 13.15** **Opening and welcome**

K. Chatterton, London (UK), *Bladder Cancer Advanced Nurse Practitioner, Co-chair, EAUN Special Interest Group Bladder Cancer*,  
B. Thoft Jensen, Aarhus (DK), *PhD CNS Prehabilitation, Chair, EAUN Special Interest Group Bladder Cancer*

**13.15 – 13.45** **Module 1. NMIBC disease overview and treatment pathways**

*T.b.c., Urologist*

- Setting the scene: NMIBC overview and intravesical therapies role
- Epidemiology
- Treatment pathways
- Patient impact

**13.45 – 14.30** **Module 2. Intravesical guidelines update – what's new and why**

B. Thoft Jensen, Aarhus (DK), *PhD CNS Prehabilitation, Chair, EAUN Special Interest Group Bladder Cancer*

K. Chatterton, London (UK), *Bladder Cancer Advanced Nurse Practitioner, Co-chair, EAUN Special Interest Group Bladder Cancer*

S. Vahr Lauridsen, Copenhagen (DK), *PhD, EAUN Past Chair, Clinical Nurse Specialist, Senior Researcher*

- Managing non-traumatic catheterisation
- Importance of maintenance therapy
- Side effect treatment – the role of hyaluronic acid treatments
- Motivational alliance with patients
- New recommendations, evidence-base, what's changed

**14.30 – 15.00      Module 3. Guidelines in practice – interactive discussion and Q & A**

Panel of Experts:

B. Thoft Jensen, Aarhus (DK)  
K. Chatterton, London (UK)  
S. Vahr Lauridsen, Copenhagen (DK)

- How to use guidelines and the barriers
- Reflections on using guidelines to grasp their strengths, limits and build professional judgement

**15.00 – 15.15      Coffee Break**

**15.15 – 16.00      Module 4. Patient perspective – living with NMIBC and intravesical therapy**

15.15 – 15.35      • Living with NMIBC and intravesical therapy - first-hand experience and support strategies  
M. Costin, Chinnor (UK), *World Bladder Cancer Patient Coalition representative*

15.35 – 16.00      • Q & A and discussion on guidelines and patient priorities  
M. Costin, Chinnor (UK), *World Bladder Cancer Patient Coalition representative*  
B. Thoft Jensen, Aarhus (DK)

**16.00 – 17.00      Module 5. Workshop 1: Case-based group work - Improving communication**

T.b.c., *Psychologist*

Practical real-life scenarios will be discussed in small groups:

- How to communicate with patients in practice
- Troubleshooting
- Managing anxiety

**17.00 – 17.30      Feedback & discussion**

B. Thoft Jensen, Aarhus (DK)  
K. Chatterton, London (UK)

Wrap up of the first day.

**19.00      Networking dinner**

# Saturday, 13 June

08.30 – 09.00	Coffee & arrival
<b>09.00 – 09.30</b>	<b>Module 6. Train-the-trainer essentials – Teaching and adapting locally</b> B. Thoft Jensen, Aarhus (DK) K. Chatterton, London (UK)
09.00 - 09.05	Welcome back & reflections
09.05 - 09.30	Train-the-trainer skills <ul style="list-style-type: none"><li>• How to deliver the guideline locally</li><li>• Tailoring to local context</li><li>• Teaching skills</li><li>• Use of adaptable slide set</li><li>• Implementation strategy</li></ul>
<b>09.30 – 11.00</b>	<b>Module 7. Workshop 2. Building a local education session</b>  Panel of Experts: B. Thoft Jensen, Aarhus (DK) K. Chatterton, London (UK) S. Vahr Lauridsen, Copenhagen (DK)  Small groups draft mini session outlines for their country/organisation implementation.
<b>11.00 – 11.15</b>	<b>Coffee Break</b>
<b>11.15 – 12.15</b>	<b>Module 8. Workshop 3. Sharing ideas for local education sessions &amp; overcoming barriers</b>  Panel of Experts: B. Thoft Jensen, Aarhus (DK) K. Chatterton, London (UK) S. Vahr Lauridsen, Copenhagen (DK)  Groups present the result of workshop 2 and discuss barriers and enablers.
<b>12.15 – 12.45</b>	<b>Module 9. Implementation support &amp; resources</b>  Panel of Experts: B. Thoft Jensen, Aarhus (DK) K. Chatterton, London (UK) S. Vahr Lauridsen, Copenhagen (DK) <ul style="list-style-type: none"><li>• Implementation tools and EAUN support</li></ul>

**12.45 – 13.00**      **Evaluation and closing remarks**  
B. Thoft Jensen, Aarhus (DK)  
K. Chatterton, London (UK)

**13.00 – 13.30**      **Lunch & networking**